

CHRISTIAN PETER  
MENTORING PROGRAM



**Christian Peter is a retired NFL Defensive Tackle and Recovering Addict.**

Addiction caused Christian's life to spiral out of control, and had damaging affects both personally and professionally. In 2007, he had the most important win of his life when he accepted powerlessness over drugs and alcohol and decided to live a life of sobriety.

**Christian has been dedicated to helping others with addiction problems through the Tigger House Foundation.**

Tigger House was inspired by the devastating suffering and profound love of a family who lost their son and brother "Tigger" at 25 years of age to an accidental overdose.

Tigger grew up on the Jersey Shore where he went to school, was loved by many friends and family and lived a very full life. Christian Peters was Tiggers' dedicated mentor throughout recovery.

The formation of The Tigger House Foundation, has given hope to addicts and their families by fighting the heroin/opioid epidemic in our community.

**Christian has celebrated a decade of sobriety and his ability to inspire others continues to change lives. This mentoring program will travel throughout the state, speaking to businesses to share his story of recovery.**

CHRISTIAN PETER MENTORING PROGRAM HAS PROUDLY BEEN FEATURED WITH:

SICKLES MARKET  
MONMOUTH UNIVERSITY  
OCEANPORT COMMUNITY  
INTEGRITY HOUSE GRADUATION